

The person/s I care for is/are

Husband	
Wife	
Parent(s)	
Parent(s)-in-law	
Partner	
Son	
Daughter	
Other relative	
Friend	
Neighbour	

The person I care for is registered with the same practice as I am

(Please circle) **YES** **NO**

If no, please give the address of the surgery or the name of the GP who treats the person you care for.

.....

.....

.....

Who gave you this form?

Swindon Carers Centre provides information and support to carers of all ages in Swindon

Please contact us to begin the registration process

Our opening hours are:
Monday to Thursday
9.30 am to 4.30 pm
Friday 9.30 am to 12 noon



Swindon Carers Centre
1 Wood Street
Swindon, SN1 4AN
Telephone: 01793 531133
carers@swindoncarers.org.uk
www.swindoncarers.org.uk



Charity No. 1061116
Company No. 3305621
Company limited by guarantee



SWINDON
Carers Centre

If you are looking after a friend or family member and you need some extra support, we are here to help

Letting your GP know you are a carer

(this does not include people who are employed to provide care)

You are important too!

You may have been caring for the person for some time already, regularly helping them with everyday tasks or giving them the sort of support they need to stay in the family home.

You may see it as part of your life, or your duty, to care for your Mum or Dad, your partner, your child or friend, but there may be times when you need information, advice or some extra help.

When you are a carer it is often difficult to have a real break because someone depends on you to look after them. You can get tired and run down, and your health may possibly suffer.

Telling your GP can help him/her support you and make sure you get the right sort of care as well.

The person you care for does not have to be in receipt of statutory services for you to access our services

Support from my GP

Carers feel it is important that GP's recognise and value the work carers do. The government has responded by encouraging GP's to make special arrangements to support carers.

Your GP surgery is trying to trace all patients who are carers so a Carers' Register can be set up. This will mean carers like you are known to everyone at the surgery and steps can be taken to support you.

If you would like your doctor to know you are a carer, fill in the form opposite and hand it in at the practice. Your name can then be added to the GP's Carers' Register.

As a registered carer you are entitled to an annual health check by your GP or practice nurse and a flu jab every year.

www.swindoncarers.org.uk
carers@swindoncarers.org.uk

01793 531133

I am a carer. I want my name to go onto my GP's Carers' Register and give my permission for this to be noted on my medical records

My name :.....
My address :.....

.....
.....
.....

Date of Birth :.....
Home Tel. No :.....
Work Tel. No :.....
Mobile No:.....

Signature:.....
Date:.....
My GP/surgery is:

.....
.....

I care for the following:
Name(s):.....
.....
.....

Please tick if you are happy for your contact details to be shared with Swindon Carers Centre who may contact you: