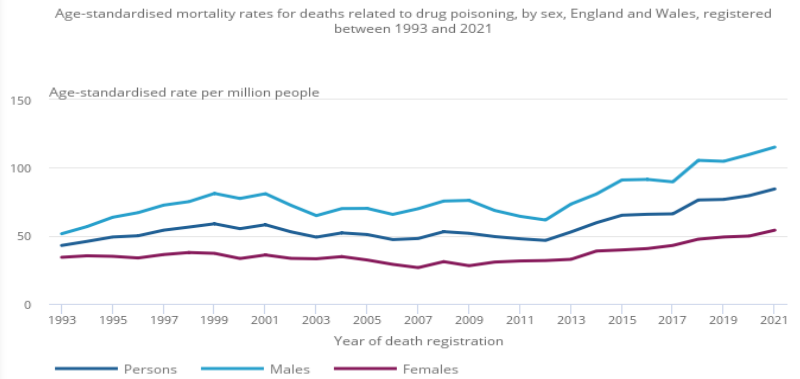


Drug related deaths in the UK rose by 6.9% from the year 2020 to 2021, 54 people a week in the UK lose their life due to drug addiction. Here in Swindon we want to reverse this trend and reduce drug related deaths to an all-time low.

We are seeing a number of emerging threats here in Swindon and across the UK as a result of the decrease in the poppy harvest within Afghanistan. New synthetic opioids are rapidly evolving which are 50 times stronger than your usual street heroin.

We would like to raise awareness of the signs and symptoms of a suspected drug overdose across the geographical footprint of the Swindon's Combating Drug Partnership.

Figure 1: Mortality rates from drug poisoning increased for both males and females in 2021



Source: Office for National Statistics – Deaths related to drug poisoning in England and Wales

**As a professional or service user, where can you get Naloxone in Swindon?**

Swindon Borough Council's Public Health team commission both adult and young person's drug treatment services in Swindon, you can drop into the service as a professional or service user and request a Naloxone pen or Nyxoid nasal spray. Contact details and location of the services are located below:

4, Temple Chambers  
Temple Street  
Swindon  
SN1 1SQ

Telephone: 01793 328150  
E-mail: [SwindonInfo@cgl.org.uk](mailto:SwindonInfo@cgl.org.uk)

[I want to speak to someone about my drug use right now \(changegrowlive.org\)](https://www.changegrowlive.org)

For further information, you can also view the [CGL website](https://www.changegrowlive.org).



**What are the first signs and symptoms of an overdose?**

- Blue/purple fingernails or lips
- Breathing slows or stops
- Individual will make gasping, gurgling or loud snoring sounds
- Body will become limp
- Individual will not respond to yelling or touch

**What to do if you believe someone is overdosing?**

Keep calm and follow these steps:

- Make sure that you're not in any danger first. Keeping yourself safe is important.
- Call 999 and ask for an ambulance.
- Check to see if there is anything obstructing their airways.
- Place the person in the recovery position.
- If you have Prenoxad (Naloxone), inject it into their thigh or upper arm muscle.  
**How to use Prenoxad - leaflet**
- If you have Nyxoid (nasal spray), place the spray in their nose and press the plunger.  
**How to use Nyxoid - leaflet**
- Wait with the person until the ambulance arrives, and give the used naloxone kit to the paramedics.

